

Patient Health Worksheet
TMB Medical Associates
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Please complete the following form to help us understand and provide better care to you as our patient. This will enable us to understand your medical history.

NAME: _____ DOB: _____ MALE/FEMALE

CURRENT MEDICATIONS : Please list all medications that you are currently taking (include prescribed, over the counter, herbals etc)If you need more room please use the last page

Drug Name	Dosage	Taken how often
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

MEDICAL HISTORY

Have you ever been diagnosed with any of the following:

Medical Condition	NO	YES	Medical Condition	NO	YES
Abnormal Heart Rhythm			HEME/ONCOLOGY		
Angina			Low Blood (anemia)		
Cardiomyopathy			Low Platelets		
Congestive Heart Failure			Leukemia		
Coronary Artery Disease			MUSCULOSKELETAL		
Heart Attack			Arthritis		
High Blood Pressure			Fibromyalgia		
High Cholesterol			Gout		
High Triglycerides			Rheumatoid Arthritis		
Cancer: What type?			SKIN		
PULMONARY			Cancer		
Asthma			NEUROLOGICAL		
Chronic Bronchitis			Seizures		
Emphysema			Strokes		
Sleep Apnea			ENDOCRINE		
Pneumonia			Diabetes		
GENITO-URINARY			High Thyroid		
Enlarged Prostate(BPH)			Low Thyroid		
Kidney Stones			PSYCH		
Kidney Failure			Depression		
Urinary Tract Infection			General Anxiety		
GASTRO			Panic Attacks		
GERD (heartburn)					
Ulcers					
Diarrhea					
Blood in stool					
GI Bleed					

ALLERGIES

Please list any allergies that you may have to drugs, foods, or other external items

SURGICAL HISTORY

Please list any surgeries that you have had and the date they were performed

NAME OF SURGERY	DATE OF SURGERY

FAMILY HISTORY

Please list any medical conditions found among the following members of your family. Please circle if they are currently living or if they are deceased. On the Grandparents, please circle if they are from your Mother's or Father's side of the family.

Mother: (alive/deceased) _____

Father: (alive/deceased) _____

Grandfather : (alive/deceased)

_____	mothers side	fathers side
_____	mothers side	fathers side
_____	mothers side	fathers side

Grandmother (alive/deceased)

_____	mothers side	fathers side
_____	mothers side	fathers side
_____	mothers side	fathers side

SOCIAL HISTORY:

What is your occupation? _____

List any potential work related hazards: _____

Chemicals exposed to regularly: _____

Do you, or have you ever used any form of tobacco ? YES ___ NO ___

If so, do you still use? YES ___ NO ___

Do you, or have you ever used alcohol? YES ___ NO ___

If so, how much? _____ How often? _____ Type? _____

Do you, or have you ever used drugs? YES ___ NO ___ Type? _____

REVIEW OF SYSTEMS

Please indicate if you currently have any of the following:

<input type="checkbox"/> Blood transfusions	<input type="checkbox"/> Nausea/Vomiting	<input type="checkbox"/> Bladder Infections	<input type="checkbox"/> Easy Bruising
<input type="checkbox"/> Changes in vision	<input type="checkbox"/> Muscle Weakness	<input type="checkbox"/> Constant Runny Nose	<input type="checkbox"/> Bloody or black stool
<input type="checkbox"/> Chest Pain	<input type="checkbox"/> Leg pain when walking	<input type="checkbox"/> Varicose Veins	<input type="checkbox"/> Broken Bones
<input type="checkbox"/> Chicken pox	<input type="checkbox"/> Abdominal Pain	<input type="checkbox"/> Skin disorders	<input type="checkbox"/> Voice Changes
<input type="checkbox"/> Dentures	<input type="checkbox"/> Difficulty Concentrating	<input type="checkbox"/> Recent Stressful Event	<input type="checkbox"/> Constipation
<input type="checkbox"/> Dizziness	<input type="checkbox"/> Nervousness	<input type="checkbox"/> Sexual Problems	<input type="checkbox"/> Diarrhea
<input type="checkbox"/> Ear Infections	<input type="checkbox"/> Sleeping Difficulty	<input type="checkbox"/> Breast Tenderness	<input type="checkbox"/> Changes in bowels
<input type="checkbox"/> Eye Problems	<input type="checkbox"/> Moodiness	<input type="checkbox"/> Reaction to Bee Stings	<input type="checkbox"/> Hemorrhoids
<input type="checkbox"/> Fatigue	<input type="checkbox"/> Memory Loss	<input type="checkbox"/> Bone Pain	<input type="checkbox"/> Coughing up Blood
<input type="checkbox"/> Hearing problems	<input type="checkbox"/> Hot or Cold Intolerance	<input type="checkbox"/> Enlarged Thyroid Gland	<input type="checkbox"/> Heartburn/Acid Reflux
<input type="checkbox"/> Painful Intercourse	<input type="checkbox"/> Loss of Bladder Control	<input type="checkbox"/> Poor Circulation	<input type="checkbox"/> Swallowing Difficulty
<input type="checkbox"/> Recurrent nose bleeds	<input type="checkbox"/> Hot Flashes	<input type="checkbox"/> Hives/Itching	<input type="checkbox"/> Shortness of Breath
<input type="checkbox"/> Rheumatic fever	<input type="checkbox"/> Painful Urination	<input type="checkbox"/> Excessive Sneezing	<input type="checkbox"/> Swollen Ankles
<input type="checkbox"/> Sinus Changes	<input type="checkbox"/> Heart Murmur	<input type="checkbox"/> Joint Pain	<input type="checkbox"/> Fainting spells
<input type="checkbox"/> Sweats	<input type="checkbox"/> Excessive Thirst	<input type="checkbox"/> Recurrent Bleeding	<input type="checkbox"/> Gallbladder/liver problems
<input type="checkbox"/> Watery Eyes	<input type="checkbox"/> Headaches/Migraines	<input type="checkbox"/> Muscle Pain	<input type="checkbox"/> Wheezing
<input type="checkbox"/> Weight loss			

TESTS AND PROCEDURES: Please indicate approximately when test/procedure was performed and the result

TEST	DATE	RESULT	TEST	DATE	RESULT
<input type="checkbox"/> Colonoscopy		Normal / Abnormal	<input type="checkbox"/> Dental Exam		Normal / Abnormal
<input type="checkbox"/> Stool tests for blood		Normal / Abnormal	<input type="checkbox"/> Hearing Test		Normal / Abnormal
<input type="checkbox"/> Rectal Exam		Normal / Abnormal	<input type="checkbox"/> Eye Exam		Normal / Abnormal
<input type="checkbox"/> Prostate Test (PSA)		Normal / Abnormal	<input type="checkbox"/> Chest Xray		Normal / Abnormal
<input type="checkbox"/> Exercise Stress Test		Normal / Abnormal	<input type="checkbox"/> EKG		Normal / Abnormal
<input type="checkbox"/> Papsmear/Pelvic Exam		Normal / Abnormal	<input type="checkbox"/> TB test		Normal / Abnormal
<input type="checkbox"/> Mammogram		Normal / Abnormal	<input type="checkbox"/> Blood Work		Normal / Abnormal
<input type="checkbox"/> Cholesterol		Normal / Abnormal	<input type="checkbox"/> Other		Normal / Abnormal